



Ho Chi Minh City
Since 1992

ILV NEWSLETTER

October 2009 NEWS

Update – ILV Badminton

International Ladies Vietnam
Badminton Group

Mondays & Fridays 8:45am to 10:45am

Venue: Khu 17,3 ha, P. An Phu, Quan
2 . Tel no:08- 32105064

Guidelines: First timers are allowed to
have two trial sessions for 20,000vnd
per session .

Thereafter, interested participants are
required to contribute on a monthly ba-
sis.

The cost is 100,000vnd (twice a week)
or 50,000 (once a week) per month
payable in advance. This is to facilitate
the booking of courts, as prepayment is
required to secure courts.

Shuttlecocks will be provided from the
monies collected.

If you should require any clarification,
please contact Marie 090 3656064 or
Kim Li 093 7712230.

Welcome to ILV



Thank you to Rena Bradshaw who
organised the Welcome to ILV
morning tea, held at the Sher-
wood Apartments for the new la-
dies who joined over the summer
months. 30 ladies attended and
enjoyed chatting and finding out
about each other, the lay of the
land in Saigon, pets and children.
Many thanks to all my committee
members for your help and sup-
port, to Sue and Sherry for being
on welcoming and Reception.

Cheers Jules ☺

ILV Oct'09

Volume 10

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Evening ILV

**EILV will
resume** the
second Wednes-
day in October

**Wednesday
14th October**

Hope to see you
there!

Don't forget to get in early !!!

Tickets for the Christmas Lunch will be available
shortly.

Organise your table and speak to Leone Sands for a
booking

0904684099 or email colinandleone@hotmail.com



*"Friendship is born
at that moment
when one person
says to another,
'What! You too? I
thought I was the
only one.'" ~ C.S.
Lewis*

To receive the newsletter by email contact: ilvnews@hotmail.com

Member to Member Bazaar

The Member to Member Bazaar on 10th September was a fantastic success. Many thanks to: Leonie, Sherry, Susan, Lucy, Maria, Angela and Cathy.

Thank you also to all the stall holders and the membership at large for your support.



176 Ladies attended, and this was a record for an event which wasn't the Christmas Luncheon.

Evening ILV

EILV for Wednesday 14th October 2009

7:30pm—9:30pm

Come along and have a glass of wine, a cup of coffee and meet some people. Take this opportunity to socialize, expand your network, and learn about all ILV has to offer.

11/9 Nguyen U Di Street, Thao Dien Ward, D2, An Phu

Contact: Rachael 0918730889

Admission: 100,000 VND Refreshments served



Welcome Back Drinks

Welcome back drinks night 12th Sep was a great success, Thanks to Scott and Rachel for opening up there home again, the weather was kind and the wine flowed freely, we had over 100 attend with many laughs and tall stories told.



Travelling to Laos

Juliana Notman

Laos.

Laos is a county only a short flight away from HCMC; it has the unenviable claim to be the most bombed county in the world. Thankfully the countryside has recovered and the people are very friendly and welcoming. Luang Prabang is a beautiful town surrounded on 2 sides by water, the mighty Mekong runs down one side and the Khan River down the other. When you arrive buy (20,000 kips about 8,500 to the \$1.00), a Hobo map of Luang Prabang, these are fantastic and have all the information you will require on them.

There are plenty of guest houses, prices range from \$10.00 per night up to \$150.00. The food is great and not expensive and beers are about a dollar.

We stayed in a little B&B guest house called Oui's by the Khan river, \$25.00 per night, aircon, organic breakfast and a Western guy called Roger who was so helpful with arranging tuk tuk's and info about the area.

There are 2 beautiful waterfall falls near town, the highest waterfall called Kuang Si Waterfall, about 30km from Luang Prabang, 20,000kip entry, here you can swim in the beautiful pools, and there are change rooms. While you are there stop in at the Bear rescue centre, a group of Australians are funding the rescue centre for about a dozen Asiatic black bears confiscated from traffickers and poachers. There is a local market, some restaurants and good cold beer.



The other waterfall is Tad Sae, entry 30,000kip, this is where you can ride, feed, and swim with the elephants (100,000 kip to swim and wash the elephants), the multi



level waterfalls are a beautiful blue colour and very clean. There is also a flying fox, about 1km through the tree top canopy. Once again you can book through a travel company on the high street, but it is cheaper to make your own way out with a tuk tuk.

Take a boat to the Cave Temple called Tham Ting, entry 20,000 kip, the Caves are ok but the boat trip is terrific, you ask to stop at the weaving village, and the trip is about 1.1/2 hour up river, the scenery is wonderful.

A "must do" on your stay is to wake up before 6am and head to the main street, to watch the Monks walk through the streets getting there alms from the locals, the saffron colours, and the still, peaceful morning, is a great experience.

The Museum at the former royal palace, the various Wats and the colourful night market make Luang Prabang a must do on everyone's list of places to see.



Happy travelling

October Book Club

The novels for discussion this month are:

October book club is as follows;

Mon. Oct. 12 at the Hideaway Cafe for lunch @ 12 o'clock - "The Book Thief" by Marcus Zusak

Wed. Oct. 21 at Rena's House at 4 o'clock - "Beloved" by Toni Morrison

For further details or to sign up for book club mailings see Sue Hunter or Sheila MacDonald



How do these people survive???

I was checking out at the local Woolworths with just a few items and the lady behind me put her things on the belt close to mine. I picked up one of those 'dividers' that they keep by the cash register and placed it between our things so they wouldn't get mixed. After the girl had scanned all of my items, she picked up the 'divider', looking it all over for the bar code so she could scan it.

Not finding the bar code, she said to me, 'Do you know how much this is?'

I said to her 'I've changed my mind; I don't think I'll buy that today.'

She said 'OK,' and I paid her for the things and left.

She had no clue to what had just happened.

Recently, when I went to McDonald's I saw on the menu that you could have an order of 6, 9 or 12 Chicken McNuggets.

I asked for a half dozen nuggets.

'We don't have half dozen nuggets,' said the teenager at the counter.

'You don't?' I replied.

'We only have six, nine, or twelve,' was the reply.

'So I can't order a half dozen nuggets, but I can order six?'

'That's right.'

So I shook my head and ordered six McNuggets

(Unbelievable but sadly true....)

A woman at work was seen putting a credit card into her floppy drive and pulling it out very quickly.

When I inquired as to what she was doing, she said she was shopping on the Internet and they kept asking for a credit card number, so she was using the ATM 'thingy.'
(keep shuddering!!)

Several years ago, we had an Intern who was none too swift. One day she was typing and turned to a secretary and said, 'I'm almost out of typing paper. What do I do?' 'Just use paper from the photocopier', the secretary told her. With that, the intern took her last remaining blank piece of paper, put it on the photocopier and proceeded to make five 'blank' copies.

Brunette, by the way!!

ILV REGULAR MONTHLY ACTIVITIES

Golf

Song Be Golf Club offers special rates for ILV members. Monday to Friday, 07:00 to 09:30am, USD\$40 per 18 holes inclusive of green and caddy fees. Tee times can be arranged by calling Song Be directly at 0650-755802/803 or email golf@songbegolf.com

Parent-Baby Groups

Babies born Sept 2006– Sept 2007 contact Lauren Scott laurencott2000@hotmail.com

District 7 baby group. For more info contact Aditi Kumar on 0913400760 or sk.aditi@gmail.com

Monday

Badminton

Mondays and Fridays at 8:45am. Contact Kim Li 093 7712230.

Duplicate Bridge

At Carmargue, 191 Hai Ba Trung, 6.30pm. Open to all: husbands, partners, visitors etc. A light supper is eaten half way through the evening. Contact Alexander Egert: 0903909111.

Tuesday

Mahjong

10am-12pm, Norfolk Mansion, 2nd floor. All levels of player (including beginners) welcome. Improvers' Bridge Contact Irene McKinnell 0908311218

Improvers' bridge, 10am-12pm. If you would like to play, con-

tact Sandrine on [san-drine.duc@hotmail.com](mailto:sandrine.duc@hotmail.com) or 0935125261.

Beginner's & Improver's Bridge

Beginnings and improvers at Norfolk Mansion at 10am Tuesday contact Keiko

Wednesday

Uno - Yes, that's right, the game you used to play with the kids. Come along and join the fun...put your name down with Irene now! 10:00am-1:00pm Mekong Merchant Contact: Irene McKinnell 0908311218

Thursday

Duplicate Bridge

Players with experience, 1:15 pm, Vasco's.

Friday

Line Dancing

10.30am at Pacific Garden, 594 Ba Thang Hai ,Ward 14, District 10. Keiko on 0903332081 for more details.

Swedish

Gin Rummy

1.30pm until approx 4.30pm, by the pool in Norfolk Mansion, 2nd floor. We collect VND 20,000 from each player and the winner receives a voucher worth VND 100,000 to spend locally. No experience necessary. Contact Doreen Stanbury on 090 944 3079.

Scrabble

Scrabble resumes at Norfolk Mansion on Fridays at 1:30. All levels welcome - we bend lots of the rules :-)
Contact Eileen 090 800 8841 or email info@ilvietnam.com if you plan to join us, please. Bring a board if you have one.

ILV Committee 2009

Executive Committee

Chairlady

Juliana Notman

Vice Chairs

Sherry Groen / Leonie Sands

Secretary

Colleen Miller

Treasurer

Susan Wilson

Vice Treasurer

Eileen Sonnack

Coordinators

Discounts Coordinators

Maria del Pilar Pollitzer

Library Coordinator

Maha Itum

Link Ladies Coordinator

Kerstin Hartmann

Newcomer's Coordinator

Roni Conrad

Newsletter Editor

Gayle Brophy

Reception Coordinator

Lucy Houghton

Outings Coordinator

Esmira Hackenberg

Website Editors

Moray Banfield

Evening ILV Coordinator

Rachel Greig

Newcomers' Coffee Coordinator

Rena Bradshaw

Lucky Draws Coordinator

Julie Tarne

Notice Board

Sue Corns

GENERAL MEMBERS

Keiko Imai

Cathy Taylor

Pam Osterland

What's on this Month

ILV EVENTS

Evening ILV

Evening ILV will be on the second Wednesday in October - **Wednesday 14th October**

Updating the Recipe Book

ILV is currently updating the recipe book. If you have an favourites that you would like to share, forward them on to Sherry .(Refer Membership List for details)

Outings

Anyone interested in attending any of the monthly outings , contact Esmira Hackenberg. (See membership list for details)

OTHER EVENTS



Diwali

Saturday, Oct. 4 will see Vasco's hosting an event to celebrate *Diwali* – the Indian festival of light.

It promises to be a night unlike any other in Saigon with the night set to the pulsating sounds of the latest Bollywood beats mixed by guest DJ Ash from Bangkok. There will also be an opportunity to win a luxury cruise aboard the Landmark's Hardship valued at US\$800.

Entrance is VND150,000 and for tickets contact Vandana (0903 034245), Nitya (0907 012503), Ira (0908 163367) or Joanne (0908 401132). You can also purchase them at Vasco's (74/7D Hai Ba

Trung, Q1), Saigon India (73 Tang 1, Mac Thi Bui, Q1) and Ashoka (17/10 Le Thanh Ton, Q1/33 Tuong Huu Dinh, Q2).

The Saigon Racing Club

Come along and celebrate the running of the Caulfield Cup October 17th .It's a great fun filled day, join in the fashions of the field, wear your best hat and enjoy the excitement of the day!

Contact Jules (See membership list for details) or Kylie at Vino on 08 62991315 for details.

Dong Nai Golf Resort

No. 5 Bar will host *The 4 Ball Texas Scramble* at the Dong Nai Golf Resort on Saturday Oct. 3.

Teams consist of four players and individuals will be placed into teams by the organizers. The entry fee is USD90.00 which will include breakfast at No. 5 Bar, golf course playing fees and a caddy, bus trip to and from the golf course and drinks on the bus and golf course. Prizes will be given away compliments of No. 5 Bar.

Registration ends on Wednesday Sep. 30.

For registration and further information please contact Heinz at 38256300, 0903801676, or heinzvn@gmail.com

ILV LIBRARY INFORMATION

The Library, located on level 2 of the Parklands Country Club (formerly Saigon Country Club), An Phu, operates on an honour system.

Borrowers can take books from the shelves and re-shelve them on return. Questions, concerns or ideas can be addressed to Maha Itum: 0938 250289.

Contributions to books are welcome. No photocopied books please. Give books for donation to a staff member at the country club and they will place them in the library for you.

Map to Parklands



October '09 at a Glance

Monday	Tuesday	Wednesday	Thursday	Friday
			1 ILV coffee, Rex Hotel Tea Room 10:00am Experienced Bridge 1:15pm Vasco's	2 Oil Painting 8:00am Badminton 8:45am Bowling 10:00am Line dancing 10:30am Scrabble 1:30pm Swedish gin rummy 1:30pm
5 Badminton 8.45am Duplicate bridge 6.30pm	6 Mahjong 10:00am Improvers' bridge 10:00am Beginners' bridge 1:30pm	7 Newcomers Coffee Morning 10:00am Uno 10:00am	8 ILV Member Bazaar Rex Hotel 10:00am Experienced Bridge 1:15pm Vasco's	9 Oil Painting 8:00am Badminton 8:45am Bowling 10:00am Line dancing 10:30am Scrabble 1:30pm Swedish gin rummy 1:30pm
12 Badminton 8:45am Book Club 12:00 Duplicate bridge 6:30pm	13 Mahjong 10:00am Improvers' bridge 10:00am Beginners' bridge 1:30pm	14 Uno 10:00am	15 ILV coffee, Rex Hotel Tea Room 10:00am Experienced Bridge 1:15pm Vasco's	16 Oil Painting 8:00am Badminton 8:45am Bowling 10:00am Line dancing 10:30am Scrabble 1:30pm Swedish gin rummy 1:30pm
19 Badminton 8:45am Duplicate bridge 6:30pm	20 Mahjong 10:00am Improvers' bridge 10:00am Beginners' bridge 1:30pm	21 Uno 10:00am Book Club 4:00pm	22 ILV coffee, Rex Hotel Tea Room 10:00am Experienced Bridge 1:15pm Vasco's	23 Oil Painting 8:00am Badminton 8:45am Bowling 10:00am Line dancing 10:30am Scrabble 1:30pm Swedish gin rummy 1:30pm
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