



Ho Chi Minh City
Since 1992

ILV NEWSLETTER

December 2009 NEWSLETTER

Christmas Lunch Tickets!

ILV's fabulous annual Christmas Lunch will be held at the New World Hotel on Thursday, 3rd December from 11:30-3:30.

The NWH chef is presenting a delicious, traditional holiday menu of turkey with all the fixings.

It is customary to have an ILV Giving Tree at this special event and all attendees are asked to make a donation which will be matched from the ILV treasury. The collection will be used to purchase items requested by several predetermined, local charities.



Please come prepared to donate generously.

Tickets will only be on sale at ILV Coffee Mornings until Nov 26. ILV members 500,000 vnd; guests 1,000,000 vnd.

TICKETS WILL NOT BE SOLD AT THE DOOR. ADVANCE PURCHASE ONLY.

Evening ILV Christmas Dinner "Friendship and Fun"

All welcome Ladies, Men, Couples and Singles. December 1st 6.30pm.

At the Renaissance Hotel District 1

Please call Riverside Café 38220033 to make your booking under ILV .

Cost is approximately \$38++ per head food & drink

Editor's Note :

It's that time of year again when Ladies are either going home for the Festive Season, or their already hectic schedule's become even busier.

With this in mind, traditionally ILV has taken a break over this period. There will be no ILV Coffee Mornings after the 10th December.

The regular Thursday coffee morning will resume again on the 7th January 2009

It is advisable to check with the contact person , the schedule for regular activities over the festive season.



ILV Dec'09

Volume 12

Inside this issue:

Outings	7
Book Club	8
Monthly Activities	9
What's on this month	10
Monthly Calendar	11

Future points of Interest

- Dec 3rd Xmas Lunch
- Dec 9th EILV—Carpets
- Dec 10th ILV Coffee
- Jan 7th ILV Coffee
- Jan 14th Coping with post Holiday
- Jan 28th What is TET?
- Feb 4th New Zealand
- Feb 25th ILV AGM

To receive the newsletter by email contact:

ilvnews@hotmail.com

Tưởng niệm ý chí của Terry
Celebrate Terry's Spirit

Tham gia Chạy bộ đầy ý nghĩa...
Join us - for the 12th time...

WHEN:

December 6th, 2009
at 8:00am

WHERE:

Saigon Exhibition &
Convention Centre

Ho Chi Minh City
Terry Fox Run 2009

www.canchamvietnam.org/terryfox

FINISH
(CANCER CURE)

Map to SECC:



For registrations, corporate donations,
and inquiries, please contact CanCham office:

• phone: (08) 3824 3754 or 090 268 5301

• email: hcmc@canchamvietnam.org

Annual General Meeting

Soon it will be time for the Annual General Meeting, and the election of the Executive Committee.

The AGM will be held in March, so if you have ever wanted to help out and get involved, now is the time to start thinking about which position your talents would best serve, and think about nominating!

To help you understand the responsibilities of each position, below are details of each Job Descriptions .

Only the Executive Committee are elected positions.

The Coordinator's and the General Members positions are Voluntary.

Don't be shy!, serving on the committee can be a wonderful way to meet new friends and face new challenges. So put your hand up, and get involved!

Committee members

Job Descriptions

Chair Lady - Executive Position

The Chair Lady is the official face of the International Ladies of Vietnam. As the name implies she chairs any meeting of the committee and is our representative at meetings and functions outside ILV. During coffee mornings she is often the first person members approach with questions or problems. Time requirements – It is important to be at as many coffee mornings as possible and monthly committee meetings and up to 1 hour per week on phone calls, emails, etc.

Vice Chair – Executive Position (Two Positions)

The Vice Chair assists the Chair Lady and acts in the Chair Lady's place if she cannot attend. Time requirements – Attendance at coffee mornings, 30 minutes per week outside of meeting times and attendance at monthly committee meetings.

Treasurer – Executive Position

The Treasurer is responsible for the finances of the ILV. She keeps detailed records of incoming and outgoing monies and balances them against the cash on hand which she keeps in her possession. She makes payments on behalf of ILV. She delivers the Financial Report at Committee meetings and at the Annual General Meeting. She liaises with the coffee morning venue re numbers and payment. Time requirements – attendance at coffee mornings to receive invoices, supply Reception with change etc, 30 minutes per week to balance the books and 1 hour at end of month to balance the books, write a report for the monthly committee meeting and attend monthly committee meeting.

Treasurer – Executive Position

Performs treasurer's responsibilities in her absence

Secretary – Executive Position

The Secretary takes minutes of each Committee meeting, writes them up and distributes them (via email) to the Committee members. She collates and redistributes Committee Member Reports (via email) before each Committee Meeting. She is also responsible for any incoming or outgoing correspondence.

(Continued from page 3)

Membership and Link Lady Coordinator

The Membership Coordinator is responsible for keeping track of new and existing memberships. She collects the paperwork from the Newcomers Table each week in order to update the membership records. She is also responsible for maintaining a group of existing members who she "links" with new members to help them with their transition to life in Vietnam. Time requirements – Membership takes about 45 minutes per week and Link Ladies about 30 minutes per week, plus writing a report for and attending the monthly committee meetings.

Newcomers Table Coordinator (Two Positions)

The Newcomers Table Coordinator is responsible for maintaining a roster of members to staff the newcomers table, to fill out the paperwork associated with joining ILV. She is in charge of the Black Book, which is the record of the ILV Membership Numbers. Time requirements – 15 minutes before and after coffee mornings to set up and pack up, 1 hour per month printing forms and updating membership information, writing report for, and attending monthly committee meetings.

Guide Book Editor (Two Positions)

The Guide Book Editor collates, edits and is responsible for the printing of the Guide Book on an as needs basis.

Discount Coordinators (Two Positions)

Maintains the validity of current discount vendors in the Guide Book and signs up new vendors, either through ILV member recommendation or their own initiative. Time requirements – 1 day per month physically checking to see if shops are still at addresses and getting paper work signed, 1 hour per week collating paperwork and emailing changes to Guide Book Coordinator, write report for and attend monthly committee meetings.

Reception Coordinator (2)

Coordinates the Reception Desk Roster, usually 2-3 months in advance. She maintains supplies of stationery for the desk. Is on hand each coffee morning (with 2 rostered helpers) to welcome guests and members and collect entrance fees and to make the ladies aware of any sign up lists for outings, lunches etc that are kept at the desk. At the end of the morning she counts the numbers in the sign in book and balances the money against this figure which is then handed over to the Treasurer. Time requirements – 15 – 20 minutes before start of coffee morning to set up Reception Desk, 20 minutes per week to organize the roster, buy stationery, write report for, and attend monthly committee meetings.

Library Coordinator (2)

Coordinates the Library Roster for each week's coffee morning. She is responsible for maintaining the numbering system of the ILV library. She allocates new books numbers and is also responsible for physically maintaining the books and purging their numbers when necessary. Time requirements – write report for, and attend monthly committee meetings.

Newsletter Coordinator (2 positions)

Responsible for collating, editing and publishing the monthly newsletter. Time requirements – 3 hours per month doing calendar and layout.

(Continued on page 5)

(Continued from page 4)

Web Site Coordinator

Is responsible for updating information on the web site and liaising with the web site designer. Also replies to mail sent to ILV via the links on the web site. Time requirements – 1 hour per week on site and write report for and attend monthly committee meetings.

Guest Speaker Coordinator

Finds and coordinates speakers on a variety of topics of interest to members on a regular basis (currently twice per month). She arranges for a small gift for any speaker who is not representing a business or organization, the cost of which is reimbursed by ILV. She is responsible for making arrangements with the speaker, looking after the speaker on the day of the talk and liaising with the venue staff if any equipment is needed (e.g. Microphones). She is also responsible, as necessary, for keeping the venue informed of any speakers who are not ILV members.

Notice Board Coordinator

Is responsible for deciding what is eligible for the notice board and tables and stamps eligible notices. Set up and packs up the Notice Board and tables and makes sure that the information displayed is of the correct size and is current. Also sets out the trays of business cards and flyers. Time requirements – 15 minutes before and after each coffee morning, write report for and attend monthly committee meeting.

Outings Coordinator

Plans and coordinates monthly outings, e.g. Pottery trip, art gallery tour. Time Requirements 2 hours per month on planning, plus attending the outing, writing a report for and attending the monthly committee meeting.

Special Functions Coordinator

Is liaison for subcommittees formed to coordinate special functions e.g. a cocktail party or the Christmas lunch.

Activities coordinator

Maintains communication with individual activity hostesses and advises web and newsletter of venue, date, contact information changes.

Take the time to think about Volunteering. If you feel you could be of service, or have something to offer, talk to any member of the committee.

* * * * *

Did you ever notice: The Roman Numerals for forty (40) are " XL."

The sole purpose of a child's middle name is so he can tell when he's really in trouble.

There's always a lot to be thankful for if you take time to look for it. For example I am sitting here thinking how nice it is that wrinkles don't hurt .

Ah, being young is beautiful, but being old is comfortable.

Long ago when men cursed and beat the ground with sticks, it was called witchcraft. Today, it's called golf.

The Universe Unlocked

1. Save the whales. Collect the whole set.
2. A day without sunshine is like... night.
3. On the other hand, you have different fingers.
4. 42.7% of all statistics are made up on the spot.
5. 99% of lawyers give the rest a bad name.
6. Remember, half the people you know are below average.
7. He who laughs last thinks slowest.
8. Depression is merely anger without enthusiasm.
9. The early bird may get the worm, but the second mouse gets the cheese in the trap.
10. Support bacteria. They're the only culture some people have.
11. A clear conscience is usually the sign of a bad memory.
12. Change is inevitable, except from vending machines.
13. If you think nobody cares, try missing a couple of payments.
14. How many of you believe in psycho-kinesis? Raise my hand.
15. OK, so what's the speed of dark?
16. When everything is coming your way, you're in the wrong lane.
17. Hard work pays off in the future. Laziness pays off now.
18. Everyone has a photographic memory. Some just don't have film.
19. How much deeper would the ocean be without sponges?
20. Eagles may soar, but ferrets don't get sucked into jet engines.
21. What happens if you get scared half to death twice?
22. I couldn't repair your brakes, so I made your horn louder.
23. Why do psychics have to ask you for your name?
24. Inside every older person is a younger person wondering what happened.
25. Just remember, if the world didn't suck, we would all fall off.
26. Light travels faster than sound. That is why some people appear bright until you hear them speak.

EILV for December

**Wednesday 9th December
2009**

7:30pm—9:30pm

Come along and have a glass of wine, a cup of coffee and meet some people.

Take this opportunity to socialize, expand your network, and learn about all ILV has to offer.

11/9 Nguyen U Di Str,

Thao Dien Ward, D2

An Phu



Contact: Rachael 0918730889

Admission:

100,000 VND

Refreshments served

Come along and Join in the Festive cheer...

ILV OUTING—Mekong Delta

Esmira Hackenberg



We met at Sinh cafe office in district 1 at 8.15am. After being fully-charged with ca phe sua da and hot coffee, we embarked into our bus.

Our guide Mr. Duc was very informative and gave us a brief information about Mekong Delta, its population and lifestyle.



After 2 hours of driving, we arrived to Mekong, where a motorised boat took us to a rice paper making farm.

After that our sightseeing included visits to a bee-keeping and coconut farms, where we tasted delicious honey and honey-lime tea.

We enjoyed pony rides and traditional Vietnamese music performance. I must say, we were very full with delicious lunch and fruits and tea.

We arrived to HCMC at 6pm. Everyone had a great fun!



December Book Club

The novels for discussion this month are:

Monday Dec 14th at noon at the Hideaway Café 41 Pham Ngoc Thac we will be discussing the Christmas short stories "This Year it Will be Different" by Maeve Binchy.



No evening book club for December.

Remember to reply to your invitations to order your book and confirm your attendance at meetings.

Also please be aware if you order a book you must pay for it.

Mystery Tour

On the Buses Mystery tour.

Eleven ladies met at Ben Thanh Market where they received their bus routes guides, some of the ladies purchased ticket books, 69,000vnd for 30 rides, while others opted to pay on the bus.

The ticket price for any distance is 3,000vnd be it one stop or 37km (one of the longest routes). Our first stop was An Dong Market where the ladies explored the old wholesale market and the new Winsor air-conditioned market.



It was then on the bus again to Hung Vuong Plaza to find the Mega Star cinema. After checking out what Hung Vuong Plaza had to offer, with the exception of one lady who needed to go to work and she set off on her own, we boarded the 150 bus to An Phu where Sally's driver collected us and treated us to a wonderful lunch provided by Sally at her beautiful home.

After Pho, wine and lots of laughs, the ladies headed off home.

A BIG thank you to Sally x



ILV REGULAR MONTHLY ACTIVITIES

Golf—Song Be Golf Club offers special rates for ILV members. Monday to Friday, 07:00 to 09:30am, USD\$40 per 18 holes inclusive of green and caddy fees. Tee times can be arranged by calling Song Be directly at 0650-755802/803 or email golf@songbegolf.com

Parent-Baby Groups

Babies born Sept 2006– Sept 2007 contact Lauren Scott laurencott2000@hotmail.com

District 7 baby group. For more info contact Aditi Kumar on 0913400760 or sk.aditi@gmail.com

Monday

Badminton

Mondays and Fridays at 8:45am. Contact Carmen 0937518299 or Kim Li 093 7712230.

Duplicate Bridge

At Carmargue, 191 Hai Ba Trung, 6.30pm. Open to all: husbands, partners, visitors etc. A light supper is eaten half way through the evening. Contact Alexander Egert: 0903909111.

Tuesday

Mahjong

10am-12pm, Norfolk Mansion, 2nd floor. All levels of player (including beginners) welcome. Improvers' Bridge Contact Irene McKinnell 0908311218

Improvers' bridge, 10am-12pm. If you would like to play, contact Sandrine on sandrine.duc@hotmail.com or 0935125261

Beginner's & Improver's Bridge

Beginnings and improvers at Norfolk Mansion at 10am Tuesday contact Keiko

Wednesday

Uno - Yes, that's right, the game you used to play with the kids. Come along and join the fun...put your name down with Irene now! 10:00am–1:00pm Mekong Merchant Contact: Irene McKinnell 0908311218

Thursday

Duplicate Bridge

Players with experience, 1:15 pm, Vasco's.

Friday

Line Dancing

10.30am at Pacific Garden, 594 Ba Thang Hai, Ward 14, District 10. Keiko on 0903332081 for more details.

Scrabble

Scrabble resumes at Norfolk Mansion on Fridays at 1:30. All levels welcome - we bend lots of the rules :-)
Contact Eileen 090 800 8841 or email info@ilvietnam.com if you plan to join us, please. Bring a board if you have one.

Bowling

Friday mornings, 10 o'clock, at the SuperBowl, level 4, Diamond Plaza. Bring your own socks. Shoes can be rented. We play 2-3 strings and then go to the food court for lunch. Call Eileen 090 800 8841 or email info@ilvietnam.com if you plan to join us.

ILV Committee 2009

Executive Committee

Chairlady

Juliana Notman

Vice Chairs

Sherry Groen / Leonie Sands

Secretary

Colleen Miller

Treasurer

Susan Wilson

Vice Treasurer

Eileen Sonnack

Coordinators

Discounts Coordinators

Maria del Pilar Pollitzer

Library Coordinator

Maha Itum

Link Ladies Coordinator

Kerstin Hartmann

Newcomer's Coordinator

Roni Conrad

Newsletter Editor

Gayle Brophy

Reception Coordinator

Lucy Houghton

Outings Coordinator

Esmira Hackenberg

Website Editors

Moray Banfield

Evening ILV Coordinator

Rachel Greig

Newcomers' Coffee Coordinator

Rena Bradshaw

Lucky Draws Coordinator

Julie Tarne

Notice Board

Sue Corns

GENERAL MEMBERS

Keiko Imai

Cathy Taylor

Pam Osterland

What's on this Month

ILV EVENTS

December 1st EILV Christmas dinner at the Renaissance Hotel
6.30pm booking made at hotel under ILV.

December 3rd ILV Christmas Luncheon. New World Hotel

Updating the Recipe Book

ILV is currently updating the recipe book. If you have an favourites that you would like to share, forward them on to Sherry .(Refer Membership List for details)

OTHER EVENTS

Terry Fox Run 2009

Sunday December 6th 2009

Run Start - 8am (get there early!!!)

Saigon Exhibition and Convention Center
799 Nguyen Van Linh Parkway
Phu My Hung, District 7, HCMC,
Vietnam

In 1977, Terry Fox, a young 18 year old Canadian had his right leg amputated due to bone cancer. While in hospital, Terry was so overcome by the suffering of other cancer patients, many of them being young children, that he decided to run across Canada to raise money for Cancer Research. He would call his journey The Marathon of Hope. Although he lost his own battle against cancer in 1981; Terry's legacy lives on through an annual fund-raising run held in his name in 60 countries worldwide.

Here in Ho Chi Minh City, the Cana-

dian community has been hosting the annual Terry Fox Run since 1996. Last year's run was the largest to date with close to 8,000 participants and 750,000,000 VND raised for Cancer Research in HCMC. This year we hope to build on last year's success by welcoming more participants and raising even more money.

ILV LIBRARY INFORMATION

The Library, located on level 2 of the Parklands Country Club (formerly Saigon Country Club), An Phu, operates on an honour system.

Borrowers can take books from the shelves and re-shelve them on return. Questions, concerns or ideas can be addressed to Maha Itum: 0938 250289.

Contributions to books are welcome. No photocopied books please. Give books for donation to a staff member at the country club and they will place them in the library for you.

Map to Parklands



December '09 at a Glance

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1 Mahjong 10:00am Improvers' bridge 10:00am Beginners' bridge 1:30pm EILV Christmas Dinner	2 Uno 10:00am Newcomers Coffee Morning 10:00am	3 Christmas Luncheon New World Hotel	4 Oil Painting 8:00am Badminton 8:45am Bowling 10:00am Line dancing 10:30am Scrabble 1:30pm	5	6 Terry Fox Run
7 Badminton 8.45am Duplicate bridge 6.30pm	8 Mahjong 10:00am Improvers' bridge 10:00am Beginners' bridge 1:30pm	9 Uno 10:00am EILV 7:30pm	10 ILV Coffee Rex Hotel 10:00am Experienced Bridge 1:15pm Vasco's	11	12	13
14 Book Club 12:00	15	16	17 NO ILV	18	19	20
21	22	23	24 NO ILV	25 Christmas Day	26	27
28	29	30	31 NO ILV	1 New Year's Day	2	3
4	5	6	7 ILV Coffee Rex Hotel 10:00am	8	9	10